



Fields of Change

Training and Development for today's World

Think Clearly – Be Confident – Do Skilfully



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Fields of Change Limited

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Change is pretty constant in today's work-place and we are all demanding more from our employers and employees. Many of us are re-evaluating the way that we work as well as having to cope with restructures, new processes, new systems, new team members, new products & services, new markets. Our clients/service users too want more.

Whether a team member, new to role, a seasoned leader or an MD or HR Manager looking for support for their teams, I can help develop the skills and the mind-set to not only deliver on role responsibilities but also to enjoy work too.

As I facilitate my workshops we often discuss **"What are the skills required to be successful at/in....?"**

Inevitably one response will be **"a good communicator"**; when asked what that means, participants talk about being a good listener, being clear, good body language, use good questions - all of which are true.

To really excel professionally I believe that you also need to be able to communicate well with your inner voice, develop empathy, emotional intelligence, assertiveness, be influential, create credible and compelling messages and much, much more.

Communication is only one piece of the jigsaw; My workshops help reduce wasted time, improve productivity, handle challenging situations, engage teams and support individuals to be more confident and enjoy what they do.

Workshop Topics: (1 Day and half day versions available)

- Develop Self-Confidence and Assertiveness
- Nurture Potential and Raise Performance with Coaching & Feedback Skills
- Handle Difficult Conversations & Conflict Situations with Ease
- Create More Time & Less Stress
- Team Talking - Build, Develop & Motivate Your Team to High Performance
- Manage Change and Lead Implementation Successfully
- Powerful Presentations
- Hold Meaningful Meetings that Get Results
- Think Your Way to Success and have your Best Year Yet
- Strengthening Relationships at Work by understanding emotional intelligence, behavioural preferences and organisational climate

I also offer Career Coaching and support for individuals in organisations experiencing a restructure. **Please see my accompanying brochure “Career SOS Help for Organisations”**

Every Organisation, every employee, is unique that's why I ensure that my support is tailored to your exact requirements and the results you expect

All topics are available as in-house workshops or as 1-2-1 fully supported personal development programmes.

All workshops can also include a package of 1-2-1 or group coaching hours to support the transfer of learning into the workplace

Why Choose Michelle Tranter?

Death by powerpoint is not my style – I facilitate development through the use of activities, exercises, discussions and appropriate theoretical input.

No need to worry about group size either – all of my courses can be tailored to suit.

My client's opinions matter - looking through my website you will see comments and views or visit my LinkedIn Profile for more testimonials.

Here's just a sample:

“Couldn't have done more re quality of content, engaging style - measured, warm, all members of the group were participating, Timing was spot on.”

MD (Coaching & Feedback Course)

“I think what you have done today has also brought people together and open up . I will be following you now quite a lot on LinkedIn, not stalking though lol.”

GW (Successful Change Workshop)

“Brilliant knowledge provided, loved the practice afternoon – really demonstrated techniques and how they could be used”

NE (Powerful Presentations)

“Relevant to the workplace, productive and good fun. Highly recommend.

SH (Handling Difficult Conversations)

Professionally qualified and with a career encompassing Operational Management, Leadership Development and HR roles, I bring training, mentoring, coaching and HR expertise to our working relationship; I am not a "one-trick pony"

I create the safe space for individuals to think, challenge them to explore their thoughts and feelings, to try things out, really listen to who they are and what they want and support them to develop the resolve, the skills and the strategies to get them there

Wide sector experience - Financial Services, Charity, Education, Health, Pharmaceutical, Engineering, Manufacturing, Law, Construction, Retail, Call Centre, Various Public Sector Departments and more.

Featured Expert for Abintegro - the Career Development Portal
Contributor to Psychologies LifeLabs
Speaker for CMI Events

Find out how I can help

Whether you are contacting me for yourself or on behalf of an organisation, let's spend some quality time together exploring what you would like to achieve and the best way(s) to get you there.

Simply give me a call or drop me an e-mail, I'm looking forward to chatting with you

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You can find out more about me – www.careersoshelp.com

or LinkedIn www.linkedin.com/in/michelletranter